

WHAT I AM THANKFUL FOR TODAY

Write about three to five things that you are thankful for today.

Date:	_		



WHAT I LOVE ABOUT YOU

Write about three to five things that you love about your special loved one.

Date:	_		



MY FAVOURITE MEMORY OF YOU

Write about your favourite memory with your loved one.

Date:		



WHAT I WISH I COULD DO WITH YOU

Write about three to five things that you want to do with your loved one.

Date:		
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YOUR FAVOURITE THINGS

Write about three to five of your loved one's favourite things and explain why they like them.

Date:	



THINGS THAT REMIND ME OF YOU

What are some things that remind you of your loved one?

Date:		



OUR SPECIAL PLACE

Write about a place you liked going with your loved one and how it makes you feel going there with and without them.

Date:	_	



FORGIVENESS

Is there anything you want your loved one to forgive you for or anything you want to forgive them for?

Date:		